The Conciec Werry, Stephan in Rowing Australia female crew of year

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Ballarat's Katrina Werry and fellow former Ballarat head of the lake rower Lucy Stephan have been honoured in the annual Rowing Australia awards.

Their world champion women's four, also featuring Molly Goodman and Sarah Hawe, is the female crew of the year.

Stephan from Nhill also received the Gina Rinehart Rowing Leadership Award.

Werry said rowing with this "fantastic" crew had been wonderful.

"We're a great group of friends and to win this just caps off a great year for us."

Stephan said it was an honour to have been a part of such an amazing team.

"We are so supportive of one another in everything we do. I am also really grateful to Mrs Rinehart for selecting me for the leadership award."